



## SUNA'NIN KIZLARI

**Date:** October 31, 2024

This report evaluates the well-being outcomes of a program involving 308 children across five Children's Hubs in Turkey: Pazarlık, Güzelburç (Hatay), Antakya (Hatay), Adiyaman, and Şanlıurfa. Data was collected through pre- and post-tests to measure empathy, conflict resolution, and empowerment. Key findings are summarized below:

### 1. Overall Improvements in Well-Being:

- Significant improvements were observed across all measures between pre- and post-tests.
- The largest gains were in conflict resolution, followed by equal increases in empathy and empowerment.
- Statistical analyses confirmed these results ( $p < .001$ ).

### 2. Gender-Specific Results:

- Both girls and boys showed significant improvements.
- Girls exhibited greater progress in all areas compared to boys.
- Boys displayed the most notable improvement in conflict resolution.

### 3. Age Group Analysis:

- Children aged 12–14 experienced significant gains across all dimensions ( $p < .001$ ).
- While improvements in empathy and conflict resolution were observed in the 15–18 age group, there was no significant change in empowerment.

### 4. Regional Variations:

- All centers reported meaningful increases in well-being scores except for Adiyaman, where empowerment showed no significant change.
- Şanlıurfa displayed the most substantial improvements across all measures.

#### **5. Participant Satisfaction:**

- High levels of satisfaction were reported, with an overall average score of 3.64 out of 4. Satisfaction was positively correlated with the improvements in well-being scores.

#### **6. Facilitator Feedback:**

- Program facilitators noted visible progress in children's ability to express emotions and needs.
- Suggestions included revising the program's intensity, providing larger spaces for activities, and integrating workshops into the well-being program for deeper engagement.

#### **7. Recommendations for Future Implementation:**

- Tailoring content intensity to participant needs.
- Expanding facilities to accommodate group dynamics and activities.
- Increasing the frequency of sessions to sustain engagement and impact.

In conclusion, the program demonstrated significant efficacy in enhancing children's well-being, with room for optimization in delivery and infrastructure. Future iterations can leverage these insights to maximize outcomes.

The full report is available in Turkish at [LINK](#)